



# LUNCH MENU



## Starters

### **Fried Green Tomatoes 8**

*Cornmeal battered Grainger county green tomatoes, goat cheese, bacon jam, caramelized onions*

### **Cheese Fondue 10**

*Soft pretzels, French bread, Granny Smith apples, warm beer cheese dip*

### **Spinach Artichoke Dip 9.5**

*Fresh spinach, artichoke hearts, parmesan, tortilla chips, pico de gallo*

### **Deep Fried Deviled Eggs 7.5**

*Panko breaded free range deviled eggs, candied bacon, sriracha, green onions*

### **Steak Nachos 12**

*Marinated steak, melted cheeses, pickled red onion, cilantro, jalapenos, balsamic glaze, guacamole, sour cream*

### **Traditional Chicken Wings 10**

*Mild, Medium, Hot, Honey BBQ*

### **Sticky Glazed Wings 10.5**

*Soy sauce, local honey, brown sugar, green onions, red peppers*

### **Strawberry Sriracha Honey Wings 10.5**

*Sriracha, local honey, green onions*

### **TN Whiskey Glazed Wings 10.5**

*Jack Daniels® Whiskey, honey, onions, pineapple, brown sugar*

### **Onion Rings half order 6 full order 9**

*Hand-battered onion rings, fire-roasted jalapeno ranch*

### **BBQ Chicken Nachos 11**

*Chicken, melted cheeses, pickled red onion, cilantro, jalapenos, BBQ sauce, guacamole, sour cream*



## Salads

Salad Dressings ranch • blue cheese • honey-lime vinaigrette • hot bacon dressing • honey mustard  
thousand island • strawberry vinaigrette • balsamic vinaigrette • roasted tomato vinaigrette

### **Mediterranean Salad 9**

*Crisp field greens, feta cheese, water melon radish, cucumbers, Kalamata olives, sweet pepper, grape tomatoes with roasted tomato vinaigrette served on the side*

**Add** grilled salmon 6 • grilled chicken 5  
grilled shrimp 6 • tenderloin steak\* 6

### **Grilled Shrimp & Bacon Salad 13**

*Grilled shrimp, baby spinach, blue cheese crumbles, red onion, bacon, tomatoes with hot bacon dressing served on the side*

### **Autumn Harvest Salad 12**

*Grilled chicken, roasted butternut squash, field greens, goat cheese, dried cranberries, sugared pecans, red onion, tossed in honey-lime vinaigrette*

### **The Southern 12**

*Hand-breaded chicken tenders, fresh greens, diced bacon, dried cranberries, cheddar cheese, carrots, grape tomatoes, egg, croutons, with our honey mustard dressing served on the side*

### **Strawberry Salad 12**

*Grilled chicken, fresh market greens, sugared pecans, crumbled blue cheese, cracked black pepper, with strawberry vinaigrette served on the side*

### **Tavern Steak Salad 13**

*Marinated steak, fresh greens, cilantro, crunchy noodles, grape tomatoes, avocado, roasted pineapple tossed in our honey-lime vinaigrette*

\*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have a medical condition.



## Lunch Favorites

### Teriyaki Kabob 12

*Lunch size portion marinated tenderloin steak, fried rice, steamed broccoli*

### Salad and Loaded Baked Potato 9

*Garden-fresh house salad paired with a loaded baked potato*

### Flame-grilled Sirloin 12

*6oz center-cut sirloin, caramelized onion mashed potatoes, steamed broccoli*

### Pasta and Salad Combo 12

*Lunch size portion of Fettuccini Rocco pasta paired with a garden-fresh house salad*

### Fish 'n Chips 12

*Beer battered cod, hand-cut French fries, blue cheese slaw, remoulade*

### Chicken Tenders 11

*Hand-breaded chicken tenders, hand-cut French fries, blue cheese slaw, honey mustard*



## Gourmet Burgers & Exquisite Handhelds

At Local Goat, we make our burgers daily using a secret blend of fresh, locally sourced beef.

All burgers and sandwiches are served with lettuce, tomatoes, red onions, pickles and hand-cut French fries.

Gluten free buns available upon request.

### The Patriot\* 10

*Choice of cheese- American, Swiss, pepper jack, provolone, cheddar*

### Bacon Cheeseburger\* 10.5

*Aged cheddar cheese, smoked bacon*

### Black and Blue\* 10.5

*Creamy blue cheese, smoked bacon, crispy onions, blackening spice*

### Billy Burger\* 10.5

*Sautéed mushrooms, sautéed onions Swiss cheese, garlic aioli*

### The Elvis\* 11

*Peanut butter, smoked bacon, fried banana*

### Farmhouse\* 11.5

*American cheese, fried egg, smoked bacon, garlic aioli*

### BGT Burger\* 10.5

*Goat cheese, crispy onions, bacon jam*

### Pimento Cheese Cheeseburger\* 10.5

*Pimento cheese, bacon jam, sautéed onions*

### Smokehouse Burger\* 11

*Smoked gouda cheese, BBQ sauce, caramelized onions, smoked bacon*

### Buffalo Chicken 10

*Crispy fried buttermilk chicken breast, hot sauce, mayo, blue cheese slaw*

### Crab Cake BLT 11

*Jumbo lump meat crab cake, smoked bacon, remoulade*

### Roasted Portobello Sandwich 9

*Grilled marinated Portobello cap, goat cheese, sweet red pepper, grilled red onion, roasted tomato aioli*

### The Milton\* 14.5

*Grilled Ahi tuna, smoked bacon, garlic-jalapeno aioli*

### Lamb Burger 13

*Seasoned local lamb, tzatziki sauce, feta cheese, red onions*

### Nic & Em's Chicken Salad Croissant 10.5

*Breast of chicken, roasted garlic, mayo, dried cranberries, celery, toasted almonds*

### BBQ Chicken Sandwich 10.5

*Grilled marinated chicken breast, BBQ sauce, pepper jack cheese, smoked bacon*

### Tavern Chicken Sandwich 10.5

*Grilled teriyaki marinated chicken breast, shaved ham, avocado, provolone cheese*

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