



LUNCH MENU



Starters

Fried Green Tomatoes 9

Cornmeal battered Grainger county green tomatoes, goat cheese, bacon jam, caramelized onions

Cheese Fondue 10

Soft pretzels, French bread, Granny Smith apples, warm beer cheese dip

Spinach Artichoke Dip 10

Fresh spinach, artichoke hearts, parmesan, tortilla chips, pico de gallo

Deep Fried Deviled Eggs 8.5

Panko breaded cage-free deviled eggs, candied bacon, sriracha, green onions

Steak Nachos 13

Marinated steak, melted cheeses, pickled red onion, cilantro, jalapenos, balsamic glaze, guacamole, sour cream

Traditional Chicken Wings 10

Mild, Medium, Hot, Honey BBQ

Sticky Glazed Wings 11

Soy sauce, local honey, brown sugar, green onions, red peppers

Sriracha Honey Wings 11

Sriracha, local honey, green onions

TN Whiskey Glazed Wings 11

Jack Daniels® Whiskey, honey, onions, pineapple, brown sugar

Onion Rings half order 6 full order 9

Hand-battered onion rings, fire-roasted jalapeno ranch

BBQ Chicken Nachos 12

Chicken, melted cheeses, pickled red onion, cilantro, jalapenos, BBQ sauce, guacamole, sour cream



Salads & Soup

Salad Dressings ranch • blue cheese • honey-lime vinaigrette • honey mustard • thousand island
strawberry vinaigrette • balsamic vinaigrette • roasted tomato vinaigrette • Thai Peanut dressing

Mediterranean Salad 9

Crisp field greens, feta cheese, water melon radish, cucumbers, Kalamata olives, sweet pepper, grape tomatoes with roasted tomato vinaigrette served on the side

Add grilled salmon* 6 • grilled chicken 5
shrimp 6 • tenderloin steak* 6 • grilled tofu 5

Thai Noodle Salad 12

Grilled Chicken Breast, fresh cabbage, soba wheat noodles, cilantro, red pepper, green onions, roasted peanuts, tossed in Thai peanut dressing.

(Vegan option with grilled teriyaki marinated tofu)

Smoked Shrimp & Crab Bisque Bowl 7

The Southern 12

Hand-breaded chicken tenders, fresh greens, diced bacon, dried cranberries, cheddar cheese, carrots, grape tomatoes, egg, croutons, with our honey mustard dressing served on the side

Strawberry Salad 12

Grilled chicken, fresh market greens, sugared pecans, crumbled blue cheese, cracked black pepper, with strawberry vinaigrette served on the side

Tavern Steak Salad 13

Marinated tenderloin steak, fresh greens, cilantro, crunchy noodles, grape tomatoes, avocado, roasted pineapple tossed in our honey-lime vinaigrette

*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness, especially if you have a medical condition.



Lunch Favorites

Teriyaki Kabob 13

Lunch size portion marinated tenderloin steak, fried rice, steamed broccoli

Smoked Shrimp & Crab Bisque Soup and House Salad 11

Smoked shrimp and crab bisque bowl paired with a house salad

Pasta and Salad Combo 12

Lunch size portion of Fettuccini Rocco pasta paired with a garden-fresh house salad

Fish 'n Chips 13

Beer battered cod, hand-cut French fries, blue cheese slaw, remoulade

Chicken Tenders 12

Hand-breaded chicken tenders, hand-cut French fries, blue cheese slaw, honey mustard



Gourmet Burgers & Exquisite Handhelds

At Local Goat, we make our burgers daily using a secret blend of fresh, locally sourced beef.

All burgers and sandwiches are served with lettuce, tomatoes, red onions, pickles and hand-cut French fries.

Gluten free buns available upon request.

The Patriot* 11

Choice of cheese- American, Swiss, pepper jack, provolone, cheddar

Bacon Cheeseburger* 12

Aged cheddar cheese, smoked bacon

Black and Blue* 12

Creamy blue cheese, smoked bacon, crispy onions, blackening spice

Billy Burger* 11.5

Sautéed mushrooms, sautéed onions, Swiss cheese, garlic aioli

The Elvis* 12

Peanut butter, smoked bacon, fried banana

Farmhouse* 12

American cheese, fried egg, smoked bacon, garlic aioli

BGT Burger* 11.5

Goat cheese, crispy onions, bacon jam

Pimento Cheese Cheeseburger* 11.5

Pimento cheese, bacon jam, sautéed onions

Smokehouse Burger* 12

Smoked gouda cheese, BBQ sauce, caramelized onions, smoked bacon

TN Whiskey Glazed Burger* 12

TN whiskey glaze, smoked bacon, crispy onions, garlic aioli

Lamb Burger* 13

Seasoned local lamb, tzatziki sauce, feta cheese, red onions

Crab Cake BLT 13

Jumbo lump crab cake, smoked bacon, remoulade

The Milton* 13

Grilled Ahi tuna, smoked bacon, garlic-jalapeno aioli

Blackened Shrimp Po Boy 13

Blackened Gulf shrimp, crisp greens, pickled onions, remoulade

Nic & Em's Chicken Salad Croissant 10.5

Breast of chicken, roasted garlic, mayo, dried cranberries, celery, toasted almonds

BBQ Chicken Sandwich 11

Grilled marinated chicken breast, BBQ sauce, pepper jack cheese, smoked bacon

Tavern Chicken Sandwich 11.5

Grilled teriyaki marinated chicken breast, shaved ham, avocado, provolone cheese

Black Bean Burger 9

Grilled black bean burger, crispy onions, teriyaki glaze, pico de gallo

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